Watervliet Housing Authority

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JUNE NEWSLETTER



THIS MONTH..

- » Citywide Garage Sale June 2-4, more information on Page 6
- » Last Day Rent is due Wednesday, June 7th
 - » Seniors Laptop Presentation is Monday, June 19th

Elks Flag Day Ceremony

Sunday, June 11th at 1PM
Location: Elks Lodge #1500 on the 2nd
Floor
A light lunch will follow

Father's Day is Coming!

Every year we use WVLT to recognize our parents. You can submit your photo to the office so we can air it on WVLT. Get your photo in early. Typically we don't get much help to put this program together so we need your photos in early.





The WHA thanks these great kids! We appreciate the Cub Scout Pack 62 for helping to make the WHA a great place to live.



Air Conditioners

You must have a 2 x 4 piece of wood un-



der them to protect the storm windows. The unit cannot be placed on the storm window or it will damage the frame. If you need the 2 x 4's, we will supply them free of charge. If the unit

isn't properly installed, we will correct the problem and back charge you for the time, so please call. Please save your 2x4's for each year.

Bike Sheds

The bike sheds are not play houses for your children. If they are found misusing the sheds you will not be permitted to use them. You can help a lot by organizing a work party to pick up papers and doing other activities that will make the area clean. We can assist with supplies and refreshments.

Showers

After taking a shower, please check outside the tub for water. It's the usual cause of water damage. Please make your family more aware of it and pull the curtain tight and wipe up any water immediately. Please report anything that needs to be repaired in your apartment. Waiting can make the repair more costly, because of additional damage from not having the original problem taken care of.



Every apartment should have a fire extinguisher. If you do not have one, please give the office a call and let us know!

Attention Quinn and Hanratta tenants: Look out for the Nassau Band next month!

The band will be playing at the Quinn Community Room on July 6th and the Hanratta Community Room on July 20th.



Mary's Corner

Mary's Corner is serving adults caring for children from newborn to 3 years, living in the City of Cohoes and Watervliet. Stop by on Tuesdays or Thursdays from 10:00-12:00. Mary's Corner will be offering the following items free of charge; formula, Stewarts Milk Coupons, Diapers, Baby Clothing(infant to size 5), baby furnishings(strollers, bouncy seats, baby gates), breast feeding items, literacy classes/GED tutoring, support group/ Just Mom & Me, and other outreach services. Registration and proof of residency is required.

Open Door Community Center 115 Mohawk Street Cohoes, NY 12047 (Located under the Library) 518-269-6068



If you need anything notarized, please see Matt at the WHA Office.

Remember, smoking is not allowed within any of the WHA common areas - you can be evicted if you are found doing so.



Lawn Furniture

Lawn furniture (picnic tables,

etc.), children's playhouses, sandboxes, etc. and all tents, screen or otherwise, must be moved when maintenance mows/weedwacks the lawn. If maintenance has to move these objects in order to mow, you will be charged for the time to move

Joslin Laundry Hours

The laundry room is open every day. Please remember it's your room, so please help maintain it. Warning! If used after hours the alarm will go off and you will be charged for the alarm call.

HOURS: 6am - 10pm



The Whitney Young Health Center!

Patients are being seen at the Whitney Young Health Center (1804 Second Avenue, Watervliet). Medical and Dental hours are from 8am - 5 pm.

Work Order Surveys!

If you have an e-mail address and you have had a work order completed lately, you received an e-mail asking you to fill out a survey on the service you received. Nobody is perfect, but we always want to be better. That is why we ask for your comments. Take the few

minutes to respond to the survey and let us know what you think. We again think we are the only housing authority that provides this type of survey and will continue to improve with your help.

Toilets

Do you have a stain in your toilet that you can't get out? We have the stuff for you. Just call us and we'll put some in your toilet to get it sparkling clean.



Rugs

Rugs cannot be glued or nailed down. You are permitted to use carpet tape. Otherwise, you will be charged a fee for any repair needed.

Working on Cars

Only properly registered vehicles are permitted in WHA parking areas. Vehicle repairs such as oil changes, motor overhauls, and body work are not allowed in the complexes.





Graduation season is here! This is an exciting time in a teenager's life. To help make this a safe, happy and memorable event. The Albany County Sheriff's Office would like to offer you some safety tips:

- Think Responsibly Do not let peer pressure make you do something you aren't comfortable with. It's ok to say no!
- Travel Safe Wear your seatbelt, put the phone down, slow down, and do not drive under the influence of alcohol or drugs. Do not get in the car with someone who is under the influence.
- Communicate Parents, please have conversations with your children about the potential dangers prior to prom and graduation parties.
- Plan Ahead Before you go to an event, know how you are getting there and how you are getting home. Keep your parents involved in this plan.
- Be Available Parent's, let your teens know they can call you at any time if they get in a situation and need your help.
- Social Host Law Thinking about hosting an underage drinking party? Think again! The Social Host Law prohibits the service of alcoholic beverages to persons under the age of 21 at a private party. It is a violation punishable by both fines and/or imprisonment. We share these safety tips with you in hopes that our teens do not make poor decisions that

will have lifelong consequences.





Playing Outside with Sports Balls

For any children using sports balls around the WHA, kicking and bouncing them off the buildings is not the way to properly use them. If they hit a window, it might not break it, but slamming into it could cause damage to the frame or screen. Also if one were to slam into a tenents air conditioner it can break it. So please, use sports balls carefully!



Loud Noise

With the nice weather now here, many tenants keep their windows open throughout the day. With this, it is easier to hear noise so please be curtious to other tenants living nearby. Keep the volume of your music and/or TV down. If there is consistent, disrusptive noise, your neighbors have grounds to contact the police or the WHA.

Outside Behavior

Parents are responsible for their child's outside behavior, good or bad. The trees and brick enclosures are not "playgrounds" for the children. It's unsafe to climb or hang from the little trees. It also damages the trees. Also, children should not be jumping up and down, or skipping on the raised brick enclosures. This can cause damage to the bricks but can be dangerous for the children as well.

Grilling Tips for the Summer

- Propane and charcoal BBQ grills should only be used outdoors.
- •The grill should be placed well away from the home, deck railings, and out from under eaves and overhanging branches.
- •Keep children and pets away from the grill area.
- •Keep your grill clean by removing grease or fat buildup from the grills and in trays below the grill.
- •Never leave your grill unattended.



Troy Waterfront Farmers' Market

Summer Season started on May 2nd. It is open from 9:00am to 2:00pm every Saturday. The market is located on River St, Downtown Troy, NY. They are accepting Debit and EBT Cards - tokens available at the Market Table. There is also free parking in the Uncle Sam, 5th Avenue and State Street Parking Garages.

Citywide Garage Sale - June 2-4

A Citywide garage sale will take place on Friday, June 2nd, Saturday, June 3rd and Sunday, June 4th. THERE WILL BE NO RAIN DATES. The City will map out and list on their website (www.watervliet.com – "Interactive Mapping") the addresses, days, and hours of the sales. The normal \$10 permit fee will be waived for this weekend's sale. All unsold items at the end of the sale must be cleared from the property according to the City's Refuse and Recycling codes. Please do not block the public right of way (sidewalks, etc.). For more information, please contact Phyllis at 270-3800 ext. 100.

RABIES CLINIC SCHEDULE

All animals must be on leashes!
A record of prior vaccination will be requried for a year immunization.
Donation: \$8.00

Tuesday, June 6 4:00–7:00pm Bethlehem Town Park

Saturday, September 9 1:00–4:00pm Village of Colonie Municipal Garage

Saturday, November 4 1:00–4:00pm Village of Green Island Public Works Garage

Any inquiry can be directed to Division of Environmental Health Service (518)447-4620 or 447-4625





Great Parade!

If you missed the parade on Memorial Day, you can still watch it on WVLT 17. Thanks to Mary Jo, it was again taped and put on WVLT. Also thanks to Joe and Scott for driving in the parade.

Great job to all of our housing staff that participated

Great job to all of our housing staff that participated in the parade representing housing and the great things we do.



Did You See the Flags?

They are hard to miss. The Watervliet Housing Authority has been installing these flags for over 10 years. Having them around our property to show our love and respect for our country is only one of the many programs we do. Jim Verhagen installs all these flags himself and does such a great job! Thank you Jim!



Easy Summer Recipe

1 c. white rice

1 tbsp. extra-virgin olive oil, plus more for drizzling

1 lb. boneless skinless chicken breasts, quartered
kosher salt

Freshly ground black pepper
3 cloves garlic, minced
1 onion, chopped

1/2 c. dry white wine (such as Sauvignon Blanc)
1 c. low-sodium chicken stock
1/4 c. heavy cream
2 c. frozen peas

1/4 c. chopped fresh parsley, plus more for garnish
1 1/2 c. freshly grated Parmesan, divided

Preheat oven to 450°. Prepare rice according to package directions (< 5 min).

Heat a large skillet over medium-high heat. In a medium mixing bowl, drizzle olive oil over chicken and season with salt and pepper. Cook chicken until golden all over (~ 6 min per side). Transfer to a plate and set aside.

Add 1 tablespoon oil to skillet and heat over medium. Add garlic and onions and cook until softened (~ 3 min). Add wine, chicken stock, heavy cream, salt and pepper; bring to a boil and simmer until slightly reduced (~ 5 min). Add chicken (and juices from the plate), cooked rice, peas, parsley, and 1 cup Parmesan.

Bake until heated through (~ 15 min). Sprinkle with remaining Parm and parsley.